



February 21st, 2010

1st Sunday of Lent

OPENING PRAYER

Let us pray. God our Father, help us to hear your Son. Enlighten us with your word that we may find the way to your glory. We ask this...

FIRST READING

(In this reading Abram was asked by God to leave behind everything and to go to an unknown place fully relying upon the promises made to him.)

A reading from the Book of Genesis (12:1-4)

The Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. And I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and him who curses you I will curse; and by you all the families of the earth shall bless themselves." So Abram went, as the Lord had told him.

This is the Word of the Lord

PSALM (32)

Response : May your love be upon us, O Lord, as we place all our hope in you.
For the Word of the Lord is faithful and all his works to be trusted. The Lord loves justice and right and fills the earth with his love.

The Lord looks on those who revere him, on those who hope in his love, to rescue their souls from death, to keep them alive in famine.

Our soul is waiting for the Lord, the Lord is our help and our shield. May your love be upon us, O Lord, as we place all our hope in you.

SECOND READING

(Paul assures us that God calls every one to share his holiness and glory, not because of our merits but because of the merits of Jesus.)

A reading from the Second Letter of St Paul to Timothy (1:8-10)

Do not be ashamed then of testifying to our Lord, nor of me his prisoner, but take your share of suffering for the gospel in the power of God, who saved us and called us with a holy calling, not in virtue of our works but in virtue of his own purpose and the grace which he gave us in Christ Jesus ages ago, and now has manifested through the appearing of our Saviour Christ Jesus, who abolished death and brought life and immortality to light through the gospel. This is the Word of the Lord

ACCLAMATION (Mt 17:5)

From the bright cloud the Father's voice was heard: "This is my beloved Son. Listen to him."

GOSPEL

(Jesus is transfigured before his disciples and reveals to them his divine glory.)

A reading from the Holy Gospel according to St Matthew (17:1-9)

After six days Jesus took with him Peter and James and John his brother, and led them up a high mountain apart. And he was transfigured before them, and his face shone like the sun, and his garments became white as light. And behold, there appeared to them Moses and Elijah, talking with him. And Peter said to Jesus, "Lord, it is well that we are here: if you wish, I will make three booths here, one for you and one for Moses and one for Elijah." He was still speaking, when lo, a bright cloud overshadowed them, and a voice from the cloud said, "This is my beloved Son, with whom I am well pleased; listen to him." When the disciples heard this, they fell on their faces, and were filled with awe. But Jesus came and touched them, saying, "Rise, and have no fear." And when they lifted up their eyes, they saw no one but Jesus only. And as they were coming down the mountain, Jesus commanded them, "Tell no one the vision, until the Son of man is raised from the dead."

This is the Gospel of the Lord